



**ALL DAY MENU 9AM TO 2PM WED TO SUN  
PLEASE ORDER AND PAY AT THE COFFEE BAR**

# Abundance

- **RAISIN TOAST SERVED WITH CINNAMON BUTTER (V) \$7**
- **EGG AND BACON ROLL: FRIED EGGS, BACON, TOMATO, CHEESE AND BBQ SAUCE \$16**
- **SLOW ROASTED TOMATOES W FETTA, AVOCADO, SOURDOUGH, HERBS & GREENS , BALSAMIC GLAZE \$16**
- **GANOLA BERRY PARFAIT: HOUSE GRANOLA WITH LAYERS OF BERRY COMPOTE, BANANA & GREEK YOGHURT \$14**
- **PANCAKES WITH BACON AND MAPLE SYRUP \$16**
- **PANCAKES WITH BERRY COMPOTE, BANANA , BERRY COULIS AND WHIPPED CREAM \$16**

## **BURGERS:**

**ALL SERVED ON A SOFT MILK BUN AND A SIDE OF BEER BATTERED STEAK FRIES \$21**

- **VEGO: BEAN PATTY, EGGPLANT, HOMMOS, ONION JAM AND LETTUCE (V)**
- **BEEF: WAGYU BEEF PATTY, ONION JAM, FRESH TOMATO, BEETROOT, CHEDDAR CHEESE , LETTUCE, BBQ SAUCE**
- **CHICKEN: CRUMBED CHICKEN BREAST, CRISP COLESLAW, AIOLI AND LETTUCE**
- **FISH AND CHIPS BEER : BEER BATTERED FLATHEAD WITH BEER BATTERED CHIPS, TARTARE AND LEMON \$19**  
ADD A SIDE SALAD EXTRA \$5
- **BURRITO BOWL : MEX BEANS, GUACAMOLE, SOUR CREAM, CHEESE, SALSA , CORN CHIPS AND TORTILLA(V) \$19**
- **VEGETABLE SPRING ROLLS WITH CRISP SPROUT SALAD AND SWEET CHILLI DIPPING SAUCE (V) \$17**

## **PIES AND TARTS MADE IN HOUSE \$19**

- **FARMHOUSE CHICKEN HOT POT PIE SERVED WITH BEER BATTERED CHIPS**
- **PUMPKIN FETTA AND SPINACH PIE SERVED WITH BEER BATTERED CHIPS (V)**
- **ZUCCHINI AND ROAST TOMATO TART SERVED WITH ONION JAM AND A GARDEN SALAD (V)**

## **TOASTIES: \$15**

- **HAM, CHEESE, TOMATO AND ONION TOASTED TURKISH WITH GARDEN SALAD**
- **TOMATO, CHEESE , CAPSICUM SPINACH AND PESTO TOASTED TURKISH WITH GARDEN SALAD (V)**

## **ADD SOME SIDES:**

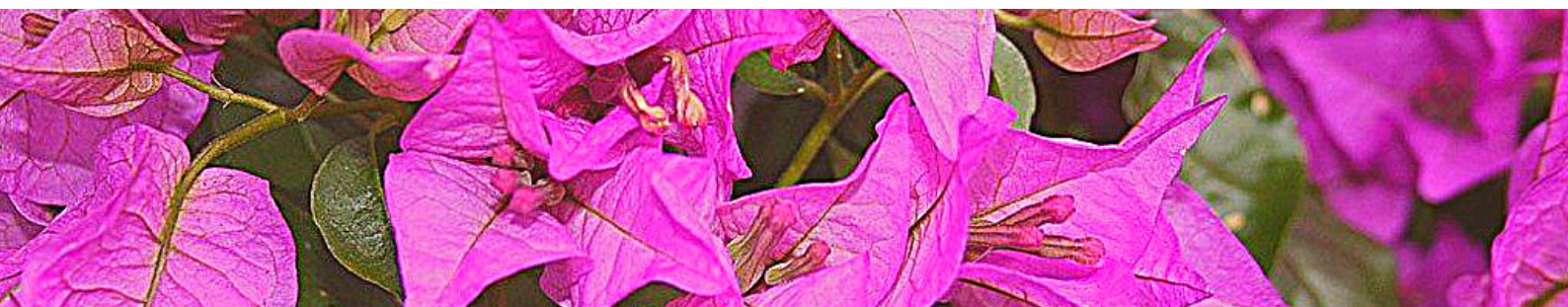
- **LARGE BEER BATTERED CHIPS \$9 SMALL BEER BATTERED CHIPS \$5 GARDEN SALAD \$5**
- **GF BREAD \$2.50**

## **JUST FOR KIDS ALL MEALS \$10**

- **CHICKEN TEMPURA NUGGETS AND CHIPS WITH TOMATO SAUCE**
- **FISH AND CHIPS WITH TOMATO SAUCE**
- **CHEESE AND BACON ROLL WITH TOMATO SAUCE**
- **NACHOS -CORN CHIPS, CHEESE , SALSA AND SOUR CREAM (V)**

**WE USE INGREDIENTS CONTAINING ALLERGENS. PLEASE ORDER WITH CARE IF YOU HAVE SPECIAL DIETARY REQUIREMENTS**

**WWW.ABUNDANCE.NET.AU PHONE 0412890200 CAFE@ABUNDANCE.NET.AU**





**ALL DAY BREAKFAST 9AM TO 2PM SAT AND SUN  
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- **RAISIN TOAST** SERVED WITH CINNAMON BUTTER (V) \$7
- **EGG AND BACON ROLL:** FRIED EGGS, BACON, TOMATO, CHEESE AND BBQ SAUCE \$16
- **SLOW ROASTED TOMATOES** W FETTA, AVOCADO, SOURDOUGH, HERBS & GREENS , BALSAMIC GLAZE \$16
- **GANOLA BERRY PARFAIT:** HOUSE GRANOLA WITH LAYERS OF BERRY COMPOTE, BANANA & GREEK YOGHURT \$14
- **PANCAKES** WITH BACON AND MAPLE SYRUP \$16
- **PANCAKES** WITH BERRY COMPOTE, BANANA , BERRY COULIS AND WHIPPED CREAM \$16

#### **EGGS:**

**ALL SERVED ON SOURDOUGH WITH BABY SPINACH \$13**

- SCRAMBLED, POACHED OR FRIED EGGS \_FREE RANGE AND LOCALLY LAID (V)
- **EGGS FLORENTINE : \$16**
- POACHED EGGS WITH BABY SPINACH ON ENGLISH MUFFIN WITH HOLLANDAISE SAUCE
- **BOWL OF BEANS AND GREENS: \$16**
- MEX BEANS WITH TURKISH TOAST AND A FRIED EGG AND CHIMICHURRI TOPPER (V)

#### **TOASTIES: \$15**

- HAM, CHEESE, TOMATO AND ONION TOASTED TURKISH WITH GARDEN SALAD
- TOMATO, CHEESE , CAPSICUM SPINACH AND PESTO TOASTED TURKISH WITH GARDEN SALAD (V)

#### **ADD SOME SIDES:**

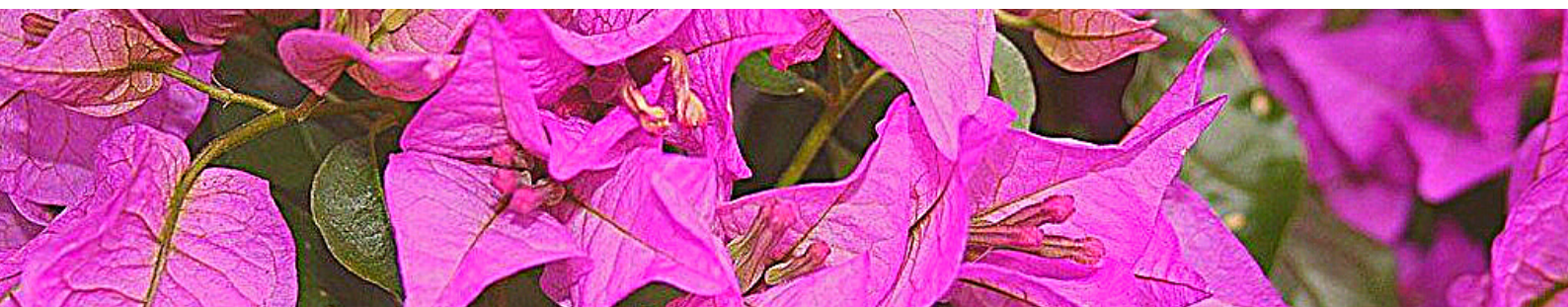
- SMOKED SALMON \$5 BACON \$5 HASH BROWNS \$4 MUSHROOMS \$4 ROAST TOMATO \$4
- GF BREAD \$2.50

#### **JUST FOR KIDS ALL MEALS \$10**

- PANCAKE W FRUIT AND WHIPPED CREAM (V)
- PANCAKE W BACON AND MAPLE SYRUP
- CHEESE AND BACON ROLL WITH TOMATO SAUCE
- FRIED EGG ON TOAST

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## DRINKS MENU

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### COFFEE AND OTHER HOT DRINKS

#### DC ALL CITY FAIR-TRADE ORGANIC BEANS

FLATWHITE\_CAPPUCCINO\_LATTE\_MOCHA

LONG BLACK

**REGULAR \$4.80 LARGE \$5.80 X LARGE \$6.80**

MACCHIATO\_ESPRESSO\_PICCOLO LATTE \$4

DECAF \$1 EXTRA

#### HOT DRINKS

CHAI LATTE\_GOLDEN LATTE\_CHOCOLATE

#### SPECIALTY MILKS

MILKLAB ALMOND\_SOY\_LACTOSE FREE EXTRA 50C

#### LEAF TEAS

POT FOR 1 \$4.80\_POT FOR 2 \$9

ENGLISH BREAKFAST\_GUNPOWDER GREEN

CAMOMILE\_LEMONGRASS\_PEPPERMINT

FRESH CHAI\_EARL GREY\_ROOIBOS(CAFF.FREE)

#### ICY COLD MILKSHAKES \$6 KIDS \$4

STRAWBERRY\_COFFEE\_VANILLA\_CHOCOLATE

CARAMEL\_LIME\_\_EXTRA ICECREAM \$1

ICED COFFEE\_ICED CHOCOLATE \$6

#### SMOOTHIES\_BANANA OR MIXED BERRY \$8

#### SOFT DRINKS

SOFT DRINKS :ASSORTED SELECTION IN FRIDGE \$4.80

COLD PRESSED JUICE \$6

BOTTLED SPRING WATER \$3.50

LARGE SPARKLING MINERAL WATER \$6.50

### BEVERAGES

#### ALES AND CIDERS

GREAT NORTHERN ORIGINAL \$7.50

GREAT NORTHERN MID STRENGTH \$7.50

YENDA PALE ALE \$7.50

PRESSMANS CRISP APPLE CIDER \$9

REKORDERLIG STRAWB & LIME CIDER \$9

HILLBILLY BILPIN SWEET JULIE CIDER \$9

#### SPARKLING WINE

TRENTHAM RIVER RETREAT BRUT NV \$33

THE FAMILY MURRAY DARLING PROSECCO NV \$33

CHEVALIER FRENCH ROSE \$37

TRENTHAM ESTATE BRUT PICOLLO \$9

THE FAMILY PROSECCO PICOLLO \$9

#### WHITE WINE

TRENTHAM MURRAY DARLING SAUVIGNON BLANC \$34

KILAKANON CLAIRE VALLEY RIESLING \$34

SECRET GARDEN CHARDONNAY \$29

HOUSE SAUVGNON BLANC BY THE GLASS \$8.50

HOUSE CHARDONNAY BY THE GLASS \$8.50

#### RED WINE

TRENTHAM RESERVE HEATHCOTE SHIRAZ \$42

THE FAMILY MURRAY DARLING NERO DÁVOLA \$34

THE FAMILY MURRAY DARLING SANGIO ROSE \$33

HOUSE SHIRAZ BY THE GLASS \$ 9

HOUSE MERLOT BY THE GLASS \$9

#### B.Y.O ALCOHOL IS STRICTLY PROHIBITED

PROOF OF AGE IS REQUIRED. IT IS AGAINST THE LAW TO SERVE ALCOHOL TO A PERSON UNDER 18 YEARS OF AGE.

